

# **TSH Conference Menu**

13-15 October 2023

## **Friday**

### **Breakfast**

Chilled fruit juices  
Pastries and muffins  
Fresh-cut fruit  
Scrambled eggs  
Bacon and sausage links  
Cheesy skillet potatoes  
Biscuits and gravy  
Coffee

### **Lunch**

Lasagna  
Penne with chicken and garlic cream sauce  
Chef daily soup selection  
Caprese salad: plum tomatoes with fresh Mozzarella and sweet basil  
Caesar salad with herb croutons, Parmesan cheese and Caesar dressing  
Sliced fresh seasonal fruits and berries  
Grilled vegetables with olive oil drizzle  
Freshly baked bread  
Tiramisu and limoncello cake

## **Saturday**

### **Breakfast**

Chilled fruit juices  
Pastries and muffins  
Fresh-cut fruit  
Scrambled eggs  
Bacon and sausage links  
Cheesy skillet potatoes  
Biscuits and gravy  
Coffee

### **Lunch**

Johnny's house salad without croutons  
Sliced fresh seasonal fruits and berries  
Caprese salad: plum tomatoes with fresh Mozzarella and sweet basil  
Seasonal fresh vegetables  
Johnny's wild rice pilaf  
Grilled chicken breast with Basilico tomato basil sauce  
Johnny's cedar planked salmon with apricot butter

## **Sunday**

### **Breakfast**

Chilled fruit juices

Pastries and muffins

Fresh-cut fruit

Scrambled eggs

Bacon and sausage links

Cheesy skillet potatoes

Biscuits and gravy

Coffee

### **Lunch - boxed**

Smoked turkey with Havarti cheese and lettuce on multi-grain bread

Packaged condiments separately (honey mustard, mayo)

Kettle chips

Whole fruit

Freshly baked cookies

Bottled iced tea or bottled water

Menu is subject to changes