

## **Alex Bekker, MD**

***“Never Well Since.... A homeopathic treatment model for the consequences of physical and mental shock”***

Dr. Alex Bekker is a physician specializing in homeopathy. He received his medical degree in 1996 from the University of Texas Health Science Center at San Antonio.

Dr. Bekker is a Diplomate of the American Board of Integrative Holistic Medicine. He serves as the Second Vice President of the American Institute of Homeopathy (A.I.H.), and as Editor of the American Journal of Homeopathic Medicine. He is an adjunct Professor in Family Medicine at the UNTHSC/Osteopathic Medical School in Fort Worth, Texas. He has presented lectures at the National Center for Homeopathy conference, the Texas Society of Homeopathy conference and the Integrative Medicine for the Underserved (IM4US) conference.

He has designed an AIH Primary Care Course for the health professional, enjoys teaching classes in First Aid Homeopathy, Introduction to Homeopathy, and Homeopathy for midwives. He also enjoys classical music, reading, good conversation, and nature.

Dr. Bekker was born in the Ukraine and came to the U.S. when he was ten years old. He has an undergraduate degree in English Literature and Philosophy. After teaching English at the community college level he decided to pursue his medical education. He received his medical degree in 1996 from the University of Texas Health Science Center at San Antonio, completed his internship in Family Medicine at St. Elizabeth’s Hospital in Beaumont, Texas. He has fifteen years of clinical experience working as an Emergency Department physician in rural hospital Emergency Departments in Texas.

Dr. Bekker was introduced to homeopathy by Alain Naude over thirty years ago. After experiencing first-hand how homeopathy restores health and well-being, he became passionate about this great therapeutic method as a unique way to help people. He has also studied with Andre Saine at the Canadian Academy of Homeopathy. Since then he has been a serious student of the masters of homeopathy: Dr. S. Hahnemann, Dr. C. Hering, Dr. A. Lippe, Dr. J. T. Kent, Dr. P. Schmidt, Dr. C. Boger and the wonderful legacy of brilliant American homeopathic physicians of the 19th and 20th centuries. This great legacy inspires him to practice pure homeopathy consistent with Hahnemannian principles. His website is [AlexBekkerMD.com](http://AlexBekkerMD.com).



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Homeopathic treatment often takes into consideration the etiology or causative factors in a chronic ailment. If those etiological factors are pronounced and definite then treatment with

specific remedies that are commonly found to have in their pathogenesis a similar state to the patient's will very often be found to be curative. The exceptions to this simplistic homeopathic treatment are found in complex, chronic conditions which are best left to the expert homeopath to treat.

In this talk we will give specific treatment for conditions caused by different types of "shock" to the system. Cases will be presented and discussed. Question and answer period will be set aside.