

## IRENE SEBASTIAN M.D., PhD.



### BIO

Dr. Sebastian received her PhD in Human Development and Behavioral Science from the University of Chicago and received her M.D. from Northwestern University. She has been studying homeopathic medicine since 1989. She has been most influenced by Andre Saine and Praful Vijayaker. She received her DHT from the American Board of Homeotherapeutics in 2013. She has been on the board of the American Institute of Homeopathy from 2000 to 2016 and has held the offices of President, Vice-President and Treasurer. She has several articles published in the *Journal of the American Institute of Homeopathy*.

Dr. Sebastian has been studying Functional Medicine for the past 12 years through the Institute for Functional Medicine. She became aware of the research of Dr. Dale Bredesen on the Functional Medicine approach to Alzheimer's several years ago, and she has taken all the training currently offered by him in the use of his protocol. In December, 2017, she began to use his approach in a systematic manner. The approach is very complicated, and she has already seen significant improvements in some patients. She is integrating homeopathy into his approach.

### TOPIC

#### *"An Integrative Medicine Approach to the Alzheimer's Patient"*

Dr. Sebastian will discuss a basic understanding of Dr. Bredesen's Functional Medicine approach to Alzheimer's and how homeopathy was incorporated into the functional medicine protocol for Alzheimer's disease. She will present the pathophysiology of Alzheimer's, explain the different types of Alzheimer's disease, the stages of severity of the disease, determining the cause for each patient and using Dr. Bredesen's functional medicine treatment plan. She will discuss prognosis and obstacles to cure including toxins and infections. She will present cases and give particular attention to the Materia Medica of Nux-moschata.